

Lincoln Douglas 5k Overall & Age Group (scroll down for age groups) - August 06, 2011

Total Time	Place	Name	City	Bib No	Age	Gen	Age Group
18:14.6	1	Damon Trainor	Freeport IL	70	21	M	***** 20-24
18:18.4	2	Dave Brobst	Freeport IL	1	42	M	***** 40-44
19:17.2	3	Tom Lichty	Monroe Center IL	43	48	M	***** 45-49
19:24.9	4	Dan Palmer	Roscoe IL	94	34	M	1 30-34
19:45.9	5	Kevin Yaun	Freeport IL	69	37	M	1 35-39
19:52.2	6	Alex Cornacchia		95	15	M	1 15-19
19:52.9	7	Ellie Willging	Freeport IL	71	15	F	***** 15-19
19:55.9	8	Fred Kile	Rockton IL	12	58	M	1 55-59
19:57.4	9	Brian Miller	Rockford IL	15	50	M	1 50-54
20:17.4	10	Jack Wilcox	Freeport IL	29	38	M	2 35-39
20:27.5	11	Greg Kazmerski	Loves Park IL	52	46	M	1 45-49
20:42.7	12	Rhett Livengood	Los Altos CA	84	48	M	2 45-49
21:00.2	13	Justin Wilks	Freeport IL	77	39	M	3 35-39
21:23.7	14	Tom Wolf	Orangeville IL	46	53	M	2 50-54
21:31.8	15	Christian Wilks	Freeport IL	72	15	M	2 15-19
22:05.6	16	Chad Damin	Freeport IL	91	34	M	2 30-34
22:10.9	17	Daniel McIlvanie	Rock City IL	35	57	M	2 55-59
22:12.3	18	Sena Wilks	Freeport IL	76	36	F	***** 35-39
22:27.9	19	Rich White	Freeport IL	9	56	M	3 55-59
22:37.9	20	Amy Baker	Winslow IL	7	36	F	***** 35-39
22:39.0	21	Brian Fox	Freeport IL	74	41	M	1 40-44
22:46.2	22	Bob Frey	Machesney Park IL	53	40	M	2 40-44
22:50.4	23	Nathan Myers	Lena IL	66	19	M	3 15-19
23:14.5	24	Carrie Helm	Freeport IL	98	34	F	1 30-34
23:42.0	25	Dina Brobst	Freeport IL	56	36	F	1 35-39
23:45.4	26	Jeffery Guilliams	Freeport IL	88	13	M	1 0-14
23:57.8	27	Matt Schwartz	Rockford IL	41	36	M	4 35-39

24:14.0	28	Haley Grunewald		86	14	F	1	0-14
24:24.9	29	Joseph Bradbury	Baileyville IL	100	33	M	3	30-34
24:30.2	30	James Priewe	Freeport IL	68	17	M	4	15-19
24:49.7	31	Pasha Gorham	Freeport IL	42	34	F	2	30-34
24:52.9	32	Jeffery Zimbelman	South Beloit IL	83	37	M	5	35-39
24:56.4	33	Laurie Faller		101	45	F	1	45-49
25:03.3	34	Lee Smith	Shullsburg WI	38	63	M	1	60-64
25:16.9	35	Collin Christensen	Rockford IL	5	15	M	5	15-19
25:29.9	36	George Tillett	Roscoe IL	55	68	M	1	65-69
25:46.2	37	Angie Damin	Freeport IL	90	32	F	3	30-34
26:29.2	38	Spencer Kelsey	German Valley IL	14	12	M	2	0-14
27:09.4	39	Terry Tipp	Bettendorf IA	80	24	M	1	20-24
27:09.7	40	Rachel Sites	Rockford IL	81	32	F	4	30-34
27:14.0	41	Tom Baker	Machesney Park IL	17	68	M	2	65-69
27:55.4	42	Lynn Kalnins	Chana IL	89	28	F	1	25-29
28:07.3	43	Todd Cifonie	Freeport IL	61	8	M	3	0-14
28:15.0	44	Grace Cifonie	Freeport IL	62	13	F	2	0-14
28:23.3	45	Lucas Beggin	Freeport IL	78	30	M	4	30-34
28:30.1	46	Kate Cifonie	Freeport IL	59	11	F	3	0-14
28:33.1	47	Jeff Cifonie	Freeport IL	57	51	M	3	50-54
28:49.9	48	Beth Christensen	Rockford IL	6	42	F	1	40-44
29:02.1	49	Evan Kelsey	German Valley IL	13	10	M	4	0-14
29:36.5	50	Albert Tipp	Rockford IL	79	33	M	5	30-34
29:41.7	51	John Bland	Rockford IL	22	58	M	4	55-59
29:46.6	52	Lauren Snyder	Baileyville IL	54	22	F	1	20-24
30:31.9	53	Lisa Green		93	46	F	2	45-49
30:34.0	54	Molly Doolittle	Freeport IL	64	73	F	1	70-99
30:52.4	55	Carissa Vietmeier	Forreston IL	3	22	F	2	20-24
31:12.5	56	Jan Bland	Rockford IL	21	57	F	1	55-59
32:32.6	57	Brian Batease		99	47	M	3	45-49
33:24.7	58	Payton Shockey	Freeport IL	87	11	M	5	0-14
33:25.2	59	Christopher Shockey	Freeport IL	85	39	M	6	35-39
33:29.5	60	Claire Cifonie	Freeport IL	60	10	F	4	0-14

61	Kathleen Cifonie	Freeport IL	58	43	F	2	40-44
33:31.4							
62	Sue Green		92	44	F	3	40-44
33:44.0							
63	James Dunkel	Rockford IL	34	74	M	1	70-99
33:47.9							
64	Emily Myers	Lena IL	65	17	F	1	15-19
34:50.4							
65	Helen Myers	Rock City IL	67	19	F	2	15-19
35:34.7							
66	Brian Harrison	Rockford IL	33	52	M	4	50-54
35:41.9							
67	Alec Fox	Freeport IL	73	13	M	6	0-14
35:45.2							
68	John Walters	Freeport IL	32	67	M	3	65-69
36:00.5							
69	James Behrens	Oregon IL	30	67	M	4	65-69
36:06.5							
70	Kelly Geiseman	Lena IL	31	36	F	2	35-39
36:55.8							
71	Evelyn Smith	Rockford IL	16	51	F	1	50-54
37:12.9							
72	Elise Rafferty	Freeport IL	37	28	F	2	25-29
37:42.2							
73	Bonnie White	Freeport IL	10	55	F	2	55-59
37:46.9							
74	Pam Johnson	Pecatonica IL	48	51	F	2	50-54
37:59.7							
75	Katherine Rockhold	Richland WA	40	10	F	5	0-14
39:01.0							
76	Heidi Hampt	Richland WA	39	42	F	4	40-44
39:05.9							
77	Anita Hartman		82	28	F	3	25-29
40:32.1							
78	Renee Nilsen	Brooklyn NY	51	29	F	4	25-29
40:34.8							
79	Karrie Smith	Baileyville IL	23	25	F	5	25-29
40:35.7							
80	Toim Fuller	Belvidere IL	50	49	M	4	45-49
40:54.9							
81	Angela McHugh	Freeport IL	18	46	F	3	45-49
41:58.8							
82	Ashley Biehl	Freeport IL	24	23	F	3	20-24
43:32.6							
83	Briar Huenefeld	Orangeville IL	20	12	M	7	0-14
43:54.7							
84	Kathy Despain	Freeport IL	26	61	F	1	60-64
44:46.9							
85	Candi Heitkam	Freeport IL	27	37	F	3	35-39
45:39.8							
86	Tom Renner		97	52	M	5	50-54
45:47.5							
87	Maria Huenefeld	Orangeville IL	19	34	F	5	30-34
47:26.2							
88	April Huenefeld	Freeport IL	25	36	F	4	35-39
48:31.9							
89	Kalah Barry	Forreston IL	44	48	F	4	45-49
48:53.6							
90	Bridget Barry	Forreston IL	45	15	F	3	15-19
48:54.0							
91	Norene Caliva	Freeport IL	11	72	F	2	70-99
52:01.1							
92	June Nilsen	Belvidere IL	49	55	F	3	55-59
52:01.5							
93	Bryna Cytrynbaum		96	70	F	3	70-99
54:44.8							

Lincoln Douglas Age Group Results August 06, 2011

Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total
<u>Time</u>						
1	Ellie Willging	Freeport IL	71	15	7	
19:52.9						
2	Sena Wilks	Freeport IL	76	36	18	
22:12.3						
3	Amy Baker	Winslow IL	7	36	20	
22:37.9						

Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total
<u>Time</u>						
1	Haley Grunewald		86	14	28	
24:14.0						
2	Grace Cifonie	Freeport IL	62	13	44	
28:15.0						
3	Kate Cifonie	Freeport IL	59	11	46	
28:30.1						
4	Claire Cifonie	Freeport IL	60	10	60	
33:29.5						
5	Katherine Rockhold	Richland WA	40	10	75	
39:01.0						

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total
<u>Time</u>						
1	Emily Myers	Lena IL	65	17	64	
34:50.4						
2	Helen Myers	Rock City IL	67	19	65	
35:34.7						
3	Bridget Barry	Forreston IL	45	15	90	
48:54.0						

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total
<u>Time</u>						
1	Lauren Snyder	Baileyville IL	54	22	52	
29:46.6						
2	Carissa Vietmeier	Forreston IL	3	22	55	
30:52.4						
3	Ashley Biehl	Freeport IL	24	23	82	
43:32.6						

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total
<u>Time</u>						
1	Lynn Kalnins	Chana IL	89	28	42	
27:55.4						
2	Elise Rafferty	Freeport IL	37	28	72	
37:42.2						
3	Anita Hartman		82	28	77	
40:32.1						
4	Renee Nilsen	Brooklyn NY	51	29	78	
40:34.8						
5	Karrie Smith	Baileyville IL	23	25	79	
40:35.7						

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
<u>Time</u>						
1	Carrie Helm	Freeport IL		98	34	24
23:14.5						
2	Pasha Gorham	Freeport IL		42	34	31
24:49.7						
3	Angie Damin	Freeport IL		90	32	37
25:46.2						
4	Rachel Sites	Rockford IL		81	32	40
27:09.7						
5	Maria Huenefeld	Orangeville IL		19	34	87
47:26.2						

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
<u>Time</u>						
1	Dina Brobst	Freeport IL		56	36	25
23:42.0						
2	Kelly Geiseman	Lena IL		31	36	70
36:55.8						
3	Candi Heitkam	Freeport IL		27	37	85
45:39.8						
4	April Huenefeld	Freeport IL		25	36	88
48:31.9						

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
<u>Time</u>						
1	Beth Christensen	Rockford IL		6	42	48
28:49.9						
2	Kathleen Cifonie	Freeport IL		58	43	61
33:31.4						
3	Sue Green			92	44	62
33:44.0						
4	Heidi Hampt	Richland WA		39	42	76
39:05.9						

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
<u>Time</u>						
1	Laurie Faller			101	45	33
24:56.4						
2	Lisa Green			93	46	53
30:31.9						
3	Angela McHugh	Freeport IL		18	46	81
41:58.8						
4	Kalah Barry	Forreston IL		44	48	89
48:53.6						

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
<u>Time</u>						
1	Evelyn Smith	Rockford IL		16	51	71
37:12.9						
2	Pam Johnson	Pecatonica IL		48	51	74
37:59.7						

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
<u>Time</u>						
1	Jan Bland	Rockford IL		21	57	56
31:12.5						
2	Bonnie White	Freeport IL		10	55	73
37:46.9						

3	June Nilsen	Belvidere	IL	49	55	92
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52:01.5

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Kathy Despain	Freeport	IL	26	61	84

44:46.9

Female 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Molly Doolittle	Freeport	IL	64	73	54
2	Norene Caliva	Freeport	IL	11	72	91
3	Bryna Cytrynbaum			96	70	93

30:34.0
52:01.1
54:44.8

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Damon Trainor	Freeport	IL	70	21	1
2	Dave Brobst	Freeport	IL	1	42	2
3	Tom Lichty	Monroe Center	IL	43	48	3

18:14.6
18:18.4
19:17.2

Male 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Jeffery Guilliams	Freeport	IL	88	13	26
2	Spencer Kelsey	German Valley	IL	14	12	38
3	Todd Cifonie	Freeport	IL	61	8	43
4	Evan Kelsey	German Valley	IL	13	10	49
5	Payton Shockey	Freeport	IL	87	11	58
6	Alec Fox	Freeport	IL	73	13	67
7	Briar Huenefeld	Orangeville	IL	20	12	83

23:45.4
26:29.2
28:07.3
29:02.1
33:24.7
35:45.2
43:54.7

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Alex Cornacchia			95	15	6
2	Christian Wilks	Freeport	IL	72	15	15
3	Nathan Myers	Lena	IL	66	19	23
4	James Priewe	Freeport	IL	68	17	30
5	Collin Christensen	Rockford	IL	5	15	35

19:52.2
21:31.8
22:50.4
24:30.2
25:16.9

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Terry Tipp	Bettendorf	IA	80	24	39

27:09.4

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Dan Palmer	Roscoe IL	94	34	4
2	Chad Damin	Freeport IL	91	34	16
3	Joseph Bradbury	Baileyville IL	100	33	29
4	Lucas Beggin	Freeport IL	78	30	45
5	Albert Tipp	Rockford IL	79	33	50

Total**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Kevin Yaun	Freeport IL	69	37	5
2	Jack Wilcox	Freeport IL	29	38	10
3	Justin Wilks	Freeport IL	77	39	13
4	Matt Schwartz	Rockford IL	41	36	27
5	Jeffery Zimbelman	South Beloit IL	83	37	32
6	Christopher Shockey	Freeport IL	85	39	59

Total**Male 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Brian Fox	Freeport IL	74	41	21
2	Bob Frey	Machesney Park IL	53	40	22

Total**Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Greg Kazmerski	Loves Park IL	52	46	11
2	Rhett Livengood	Los Altos CA	84	48	12
3	Brian Batease		99	47	57
4	Toim Fuller	Belvidere IL	50	49	80

Total**Male 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
1	Brian Miller	Rockford IL	15	50	9
2	Tom Wolf	Orangeville IL	46	53	14
3	Jeff Cifonie	Freeport IL	57	51	47
4	Brian Harrison	Rockford IL	33	52	66
5	Tom Renner		97	52	86

Total

Male 55 to 59

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
19:55.9	1	Fred Kile	Rockton IL		12	58	8
22:10.9	2	Daniel McIlvanie	Rock City IL		35	57	17
22:27.9	3	Rich White	Freeport IL		9	56	19
29:41.7	4	John Bland	Rockford IL		22	58	51

Male 60 to 64

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
25:03.3	1	Lee Smith	Shullsburg WI		38	63	34

Male 65 to 69

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
25:29.9	1	George Tillett	Roscoe IL		55	68	36
27:14.0	2	Tom Baker	Machesney Park IL		17	68	41
36:00.5	3	John Walters	Freeport IL		32	67	68
36:06.5	4	James Behrens	Oregon IL		30	67	69

Male 70 and over

<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>City</u>	Total	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>
33:47.9	1	James Dunkel	Rockford IL		34	74	63